

## TOPIC: FOOD & DRINKS

No.	Words	Part of Speech	Phonetics	Meaning in English	Example
1	food	noun	/fu:d/	things people eat	I love Vietnamese food.
2	drink	noun/verb	/drɪŋk/	liquid to consume	I drink water every day.
3	meal	noun	/mi:l/	food eaten at a time	Breakfast is my favorite meal.
4	breakfast	noun	/'brekfəst/	morning meal	I have breakfast at 7 a.m.
5	lunch	noun	/lʌntʃ/	midday meal	We eat lunch together.
6	dinner	noun	/'dɪnər/	evening meal	Dinner is ready.
7	snack	noun	/snæk/	small amount of food	I eat a snack in the afternoon.
8	restaurant	noun	/'restrɒnt/	place to eat meals	We go to a restaurant.
9	menu	noun	/'menju:/	list of food and drinks	Please check the menu.
10	order	verb	/'ɔ:rdər/	to ask for food	I order a bowl of soup.
11	bill	noun	/bɪl/	money to pay	Can I have the bill?
12	waiter	noun	/'weɪtər/	person serving food	The waiter is very friendly.
13	chef	noun	/'ʃef/	professional cook	The chef cooks well.
14	cook	verb	/kʊk/	to prepare food	I cook dinner every day.
15	eat	verb	/i:t/	to consume food	I eat vegetables

					daily.
16	drink water	verb	/drɪŋk 'wɔ:tər/	to consume water	You should drink water often.
17	rice	noun	/raɪs/	staple grain food	I eat rice every day.
18	noodles	noun	/'nu:dlz/	long thin pasta	She likes noodles.
19	bread	noun	/bred/	baked food made of flour	I eat bread for breakfast.
20	meat	noun	/mi:t/	animal flesh food	He eats a lot of meat.
21	chicken	noun	/'tʃɪkɪn/	poultry meat	I like fried chicken.
22	beef	noun	/bi:f/	meat from cow	Beef is expensive.
23	fish	noun	/fɪʃ/	seafood	Fish is healthy.
24	vegetables	noun	/'vedʒtəblz/	plant-based food	Eat more vegetables.
25	fruit	noun	/fru:t/	sweet food from plants	I eat fruit every day.
26	apple	noun	/'æpl/	a type of fruit	I eat an apple.
27	banana	noun	/bə'nænə/	yellow fruit	Bananas are sweet.
28	orange	noun	/'ɒrɪndʒ/	citrus fruit	Orange juice is tasty.
29	water	noun	/'wɔ:tər/	clear drink	Water is important.
30	coffee	noun	/'kɔ:fi/	hot drink	I drink coffee every morning.
31	tea	noun	/ti:/	hot drink from leaves	She drinks tea.
32	juice	noun	/dʒu:s/	fruit drink	I like orange juice.
33	milk	noun	/mɪlk/	white drink	Milk is good for

					health.
34	sweet	adjective	/swi:t/	having sugar taste	This cake is sweet.
35	salty	adjective	/'sɔ:lti/	having salt taste	The soup is salty.
36	spicy	adjective	/'spaisi/	hot flavor	I like spicy food.
37	bitter	adjective	/'bitər/	sharp taste	Coffee is bitter.
38	delicious	adjective	/dɪ'liʃəs/	very tasty	The food is delicious.
39	hungry	adjective	/'hʌŋɡri/	needing food	I am hungry now.
40	full	adjective	/fʊl/	not hungry anymore	I am full after dinner.

## Food & Drinks

Every day, I eat three main meals: breakfast, lunch, and dinner. In the morning, I usually have a simple breakfast with bread, eggs, and a cup of coffee or tea. Sometimes, I also drink milk or juice.

For lunch, I often eat rice, chicken, or fish with some vegetables. I like healthy food, so I try to eat more fruit like apples and bananas. When I feel hungry in the afternoon, I usually have a small snack.

In the evening, I have dinner with my family. My mother often cooks delicious food such as beef, noodles, or soup. Sometimes, we go to a restaurant, look at the menu, and order our favorite dishes. After eating, we ask for the bill and go home.

I enjoy different flavors of food. I like sweet and spicy food, but I don't like bitter food. Drinking enough water every day is also very important for my health.

After a big meal, I usually feel full and happy.